



Power to Push Campaign
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Introduction:

This bundle was created in an effort to increase appropriate Vaginal Birth After Cesarean (VBAC) at BC Women's Hospital in accordance with our goal of providing the safest and highest quality of care to women and their babies. When implemented as a whole this bundle has been shown to effectively reduce the rate of repeat cesarean births among eligible women.

VBAC BUNDLE

1. Inform women about VBAC eligibility for future births at the time of their first cesarean section.
2. Discuss VBAC with women in the first trimester and at subsequent visits as needed.
3. Actively support VBAC for the appropriate women:
 - a) provide appropriate women with the BCWH/BBC *VBAC and Planned Repeat Cesarean Birth* patient information booklet.
 - b) discuss and review the decision for elective repeat cesarean birth for appropriate women presenting in labour prior to ECS date.
4. Use the BCWH/BBC standardized *Birth After Cesarean: Consent Form* and ensure it is in the patients chart.

Reference:

Society of Obstetricians and Gynaecologists of Canada. Guidelines for vaginal birth after previous Caesarean birth. SOGC Clinical Practice Guidelines No. 155. *J Obstet Gynaecol Can* 2005;27:164–88.